

Patient leaflet - Intracranial injuries

Dear patient,

you have been treated in our clinic because of head injury. During medical examination, we could not find evidence for severe cranial injury.

Therefore, we gladly discharge you from hospital and would like to inform you about possible problems and measures you are required to take to avoid them.

Dos and don'ts

Please do not stay alone during the first 48 hours and have yourself woken up twice during the first night and checked, whether you are well.

In case of headaches you are allowed to take non-prescription analgesics. However, by no means take blood thinning medication such as acetylsalicylic acid (Aspirin®, ASS®).

For the first days you should not:

- read
- watch TV or work on the computer
- consume alcohol or intoxicants
- do sports or sunbathe

Which symptoms are normal?

During the first three days the following medical conditions might occur:

- mild headache
- lack of concentration and memory
- nausea

Usually these conditions recede and do not worsen.

Can there be complications?

Usually critical complications occur extremely seldom after medical examination in our clinic.

In case of the following symptoms you should immediately consult your GP or go to hospital:

- increasing headaches
- disorientation
- vomiting
- seeing double images
- fatigue
- signs of paralysis

Should you go to the doctor again?

In case of medical conditions exceeding one week, you should consult your GP or go to our emergency ward.

In case of any queries, please do not hesitate to contact us at +49 (0)89/4140-2085

Klinik und Poliklinik für Unfallchirurgie

Überregionales Traumazentrum

Zugelassen für alle BG-lichen
Heilverfahren D-Arzt, VAV, SAV



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